

8600 - Local Wellness Policy

Adopted 8/9/05 The United States Department of Agriculture was granted authority in Public Law 108-265 (Child Nutrition and WIC Reauthorization Act 2004) to prescribe regulations regarding the creation of a Local Wellness Policy in each Local Educational Agency (LEA). Section 204 Revised 8/14/12 of Public Law 111-296 (Healthy, Hunger-Free Kids Act 2010) expands upon the previous Local Wellness Policy requirements.

Consideration of student health and well-being is of paramount concern to the District. Children who eat well-balanced meals and are healthy are more likely to learn in the classroom. The Board supports increased emphasis on nutrition, nutrition education, physical education and physical activity at all grade levels to enhance the well-being of our district's youth. Therefore, it is the policy of the Board to:

- A. Provide students access to and encourage consumption of nutrient dense food; and
- B. Provide opportunities for physical activity and developmentally appropriate exercise; and
- C. Provide education and instruction in nutrition and physical education; and
- D. Inform the public about the content and implementation of the Policy.

Nutrition

The District shall provide breakfasts and lunches which meet the nutritional standards required by state and federal breakfast and lunch programs.

- The District will establish minimum nutritional standards for non-regulated food service, vending, student store offerings, fund raising and classroom parties.

The Superintendent or designee shall monitor the implementation and ongoing compliance with the Nutrition portion of this policy. The Superintendent or designee shall be responsible for the public reporting requirements of this policy.

- The District shall provide nutrition education and instruction consistent with the Essential Academic Learning Requirements (EALRs).

Physical Activity

- The District shall explore optional, before and after school physical activity programs at all levels.
- The District will support K-12 physical activity during the school day.

The Superintendent or designee shall monitor implementation and ongoing compliance with the Physical Activity portion of this policy.

Physical Education

- The District shall provide physical education and instruction consistent with the Essential Academic Learning Requirements (EALRs).

The Superintendent or designee shall monitor implementation and ongoing compliance with the Physical Education portion of this policy.