



## SEAVIEW SHARKWATCH

*Seaview is a community school that nurtures children encourages responsible citizenship and inspires lifelong learning in an environment of mutual respect.*

October 2019  
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Editor: Leslie Bennett

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Dear Seaview Families,

Fall is here and we have had a great start to this school year! Every day I meet a new student or a new family member and it is wonderful to see what each new face brings to our school. Also every day I get the chance to celebrate the growth of students I have worked with over the past three years. What a wonderful privilege to be able to witness a student gaining a skill, dropping a bad habit, maintaining a relationship, taking a risk to share their ideas, owning their personal challenges and working to overcome them! Our theme this year as a staff is All Means All. The goal is everyone growing in their skills, and also growing closer together as an inclusive community.

As a principal, it makes me incredibly proud to see how hard everyone is working this fall on our SIP goal area of English Language Arts: Reading & Writing! This year we have new materials for Science and Reading Accuracy leveling. The overall goal of our Science is to discover the Phenomenon of Science: Amplify Science was designed to give students engaging, realistic experiences that mirror how scientists and engineers actually work. To do this, the Lawrence Hall of Science and Amplify created compelling print and digital resources that work seamlessly together to enable students' investigations and explorations. Our new district wide Reading Accuracy levelling provides students with independent and instructional recommended reading resources to support each student at their individual level! You may see a lower level in the fall and a rise within 6-10 weeks as students are reading at school and home each day!

It was wonderful to see so many of you at our Curriculum Night. Teachers shared what your child will learn this year in CCSS (learning standards). If you have any questions, please contact your teacher through our web page. Our Parent Conferences will be Oct. 21-25. Teachers may share beginning of the year assessments, strategies to support your student at home and much more.

Did you know? We have a new Student Intervention Coordinator? Mrs. Jill Perander is here all day, everyday! Last year we had many office disciplinary referrals for students using their body to solve a problem (physical contact, physical aggression, fighting, etc.) We are working schoolwide to "be safe with everyone, no matter what." If we as adults use our bodies when we are upset, we lose relationships, can lose our jobs, and get in trouble with the law. To help us meet our goal in this area of reducing physical conflicts, each teacher will be teaching lessons in our Second Step and Responsive Classroom curriculum. Our counselors will continue to teach Kelso's Choice and our Leader In Me curriculum all support problem solving, being proactive and thinking Win Win!

This week I reviewed attendance so far for our Seaview Sharks. You may have received a letter from our school tracking more than 5 absences at this point in the year. The goal of our communication is always removing barriers to be at school, on time, full day attendance. It's never about questioning or shaming; it's always about working together to help children be here so they can learn.

One of our LIM **Habits is #1: Be Proactive**. This month we have focused on students being proactive. "Being Proactive means: You are in charge of you."

**Lost & Found:** Our Lost and Found is getting pretty full. Next time you are on campus, please check out to see if your child has left a (valuable) layer of clothing and it has ended up in the Lost & Found just inside our MPR lunchroom

**Field Trip Policy:** It's important that each family knows the district policy on field trip volunteers. In order to maintain safety for students that volunteers are responsible for, parents who come as volunteer helpers may not bring a sibling. This will allow you to focus fully on the child whose trip you are attending and more importantly ensure that everyone is safe.

Always know that we are here to support you and your children!  
GO SHARKS!  
Heather Pickar, Principal Seaview Elementary

### **Seaview Elementary would like to notify you of our procedure for ABSENCES**

Seaview uses an automated phone call system for absences. IF your child is not at school AND you have not reported the absence you will receive a phone call around 11:00am to let you know that your child was marked absent and that you need to call the school to clear the unexcused absence. The call will go to the primary number that we have on record.

#### **Steps for reporting an absence:**

Call the school attendance line at 425-431-3517 or the main office at 425-431-7383, before 8:30am or send an email to [kellihere@edmonds.wednet.edu](mailto:kellihere@edmonds.wednet.edu). Please provide the following information: Child's name, teacher and reason they are absent.

**You can view our attendance policy online at <http://www.edmonds.wednet.edu/families/attendance>.** If you don't call or email, please send a written note when your child returns to school. The note must be received within two days of the absence or tardy. The note should include the date or dates of the absence or tardy, the reason, and the parent/guardian signature.

What can I do to make things go smoothly? It is important on your end to make sure we have the most up-to-date phone number. Please let our office know if any of your phone numbers have changed. You can also check with us to make sure that your primary number is up-to-date. The primary number is the number that is used for automated calls. Our office number is 425-431-7383.

**What if I get a phone call but my child went to school that day?** Don't panic, glitches happen. Please call our office to make sure that your child made it to school and so that we can look into the reason why you received the call.

## **Celebrate Schools 5K**

**October 5, 8:00 am Alderwood Mall at Loews Theater**

**Ages 0-12 \$7 | Ages 12-18 \$15 | Ages 18+ \$25**

**Join Seaview's Celebrate Schools 5K Team!** - On **Saturday, 10/5** join the "SV Sharks" team at The Foundation for Edmonds School District's Celebrate Schools 5K at Alderwood Mall. The Foundation supports every school throughout our district, distributing (almost) \$1 million last year. Every participating school receives their share of the money raised by this event. Kids are only \$7 each, and adults can be a 'Virtual Runner' for just \$25 (*you don't even have to show up!*). You can ask grandma to sponsor our team, "SV Sharks" and 100% of those sponsorships are given directly to Seaview, on top of our proportionate share for participating. Register here: <https://foundationesd.org/ways-to-give/celebrate-schools-5k-run-walk/>. Questions: Contact Casey Auvé at [caseyauve@gmail.com](mailto:caseyauve@gmail.com).

## **NEWS FROM SHERMIN DAVIDSON YOUR SCHOOL NURSE**

**YOU CAN HELP STOP THE SPREAD OF FLU.** You can help prevent the spread of any flu virus by washing your hands often with soap and water, especially after coughing or sneezing; by covering your mouth and nose with a tissue, or by coughing or sneezing **into your elbow or shoulder** rather than your hand; and by getting your family vaccinated. If a person does get sick, the medical experts say the best thing for him or her to do is stay home at least 24 hours after the fever has passed without the use of fever reducing medication.

The Shark Café is pleased to continue our seating practice related to nuts and nut allergies. Each classroom has two assigned tables in the Shark Café. The table closest to the stage area for each classroom is noted as a "NO NUTS" table for students who have purchased lunches (Foodservice does not knowingly put any peanut products in school lunches) and for students who have brought a lunch without **any nut** products. Having this practice allows students with nut allergies the opportunity to sit with their own classmates. Thank you for communicating with your child when you have packed a lunch with nut products.

## **Flu clinic information for 2019-20:**

Getting an annual flu vaccine is the first and best way to protect yourself and your family from the flu. Flu vaccination can reduce flu illnesses, doctors' visits, and missed work and school due to flu, as well as prevent flu-related hospitalizations. We have a few flu clinics scheduled for school families and staff. Please note below:

- 3-7 p.m. Monday, Sept. 30. Lynnwood High School.
- 3-7 p.m. Wednesday, Oct. 2. Edmonds-Woodway High School.
- 3-7 p.m. Tuesday, Oct. 8. Meadowdale High School.
- 3-7 p.m. Tuesday, Oct. 15. Mountlake Terrace High School.
- 7- 11 a.m. Wednesday, Oct. 30. Educational Services Center.
- 11 a.m.- 1 p.m. Thursday, Oct. 31. Educational Services Center.

## **COUNSELOR NOTES**

Conflict or disagreement is normal and often happens when children get together. However, hurtful words, gestures, or physical attacks are unacceptable ways to deal with conflict and disagreement at school.

This school year, Seaview students will be learning or revisiting problem solving guidance lessons from the curriculum Kelso's Choice (grades kindergarten to 2<sup>nd</sup> grade). Seaview is teaching Kelso's Choice to help students develop skills needed to solve developmentally appropriate conflicts. Students will learn to distinguish between big problems (those that are unsafe, dangerous, against the law, or cause them to feel unsafe or frightened), and small problems. The solution for big problems is to report them to a trusted adult as soon as possible. If it's a small problem, students are encouraged to try at least two of the nine problem-solving strategies before reporting the problem to an adult. If, after two attempts the child is unsuccessful at solving the problem, it is time to ask an adult to help.

Problem-solving strategies include:

1. Go to another game or activity.
2. Share and take turns.
3. Respectfully talk it over and listen to each other.
4. Walk away from the problem.
5. Ignore the problem behavior.
6. Tell the person to stop the problem behavior.
7. Apologize.
8. Make a deal or compromise.
9. Wait to cool off.

By using this plan, we believe that our students will develop effective problem-solving skills that they can use again and again. It will help them to deal with conflict in a positive manner and to make appropriate decisions. Knowing what to do will help students reduce the stress and number of conflicts they have at school and in their neighborhood.

Charts illustrating ways to deal with conflict are posted throughout the classroom and school so that all children will know their choices. We encourage you to become familiar with this program and use it in your home. By working together, we can develop healthy life skills for young people to use at home and at school. Please contact me if you have any questions about this problem solving approach. Melissa Falleroni, School Psychologist

## Seaview Elementary Physical Education - PE Parent Information Letter

Please help your student remember to wear tennis shoes and clothing they can easily move in on their PE days!

I am still collecting photos of your student being active for our Physical Literacy Celebration! in Shark Hall. My goal in PE is to make sure your students have the skills they need to maintain an active lifestyle. We are celebrating through pictures! You can email pictures to me at [jacksonm@edmonds.wednet.edu](mailto:jacksonm@edmonds.wednet.edu) or have your students bring in a photo to me. Take a look at all the interesting activities our community participates in!

We have several activities to help kids stay active going on here at Seaview!

**Running Club** - Meets on Tuesday and Thursday morning at 7:30. Kids run the track (rain or shine) and earn mileage tokens! Please complete a medical form **below** if your student is interested.

**Move 60!** We are offering Move 60! Before and after school this year. Move 60 is a FREE program open to all students who would like to be active 4 days a week. Please follow the link to sign up: <https://www.edmonds.wednet.edu/cms/one.aspx?portalId=306754&pageId=452380>

**Intramurals** - open to all 5th and 6th grade students during the school day. We will be starting with Flag Football.

Sincerely,  
Maria. Jackson, [jacksonm@edmonds.wednet.edu](mailto:jacksonm@edmonds.wednet.edu)

### OCTOBER CALENDAR

<p>4 Early Release-11:00am</p> <p>5 ESD FOUNDATION 5K</p> <p>7 Student School Photos</p> <p>8 PTA Meeting-7:00pm-library</p> <p>11 Shark Run</p> <p>15 Drama Club-Parent Meeting-6:30pm</p>	<p>15 Equity Team Mtg – 2:40pm-library</p> <p>16 Green Team Mtg-2:40pm-library</p> <p>17 WATCH DOG Pizza Event-6:00pm-MPR</p> <p>18 NO SCHOOL-Non Student Day</p> <p>21-25 Early Dismissal-11:00am-Conferences</p> <p>25 PTA Fall Dance -6:30pm-8:00pm</p>
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**Edmonds**  
SCHOOL DISTRICT  
Each student learning, every day!

**Running Club Parent Consent Form**  
**2019-2020**

Event: \_\_\_\_\_

Date: \_\_\_\_\_

Location: \_\_\_\_\_

Description of Event:

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Student Name: \_\_\_\_\_ Grade: \_\_\_\_\_ School: \_\_\_\_\_

Parent/Guardian Name: \_\_\_\_\_ Phone: \_\_\_\_\_

Emergency Contact: \_\_\_\_\_ Phone: \_\_\_\_\_

**Medical Release:**

The following current health problems should be noted and adequate precautions taken (please list conditions such as unusually severe reaction to bee stings, other severe allergies, diabetes, seizures, etc.):

\_\_\_\_\_

\_\_\_\_\_

In the event of an accident or illness, I understand that reasonable effort will be made to contact the parent/guardian immediately. However, if not available, I authorize the district to secure emergency medical care (at the parents' expense) as needed.

**Parent/Guardian Signature:** \_\_\_\_\_ **Date:** \_\_\_\_\_

**Parent/Guardian Certification**

For the purpose of this event, I understand that the school district will make reasonable effort to provide a safe environment. I am fully aware of the special dangers and risks inherent in participating in the activity, including physical injury and/or death.

**Parent/Guardian Signature:** \_\_\_\_\_ **Date:** \_\_\_\_\_

Are you willing to allow pictures and/or videos taken of your student for the Move 60! Program for publicity purposes?

Yes: \_\_\_\_\_

No: \_\_\_\_\_

*Student accident insurance is available (at the parents' expense) through Myers-Stevens & Toohey & Co., Inc. It is recommended that all students have medical or student accident insurance. Contact the school office for details.*